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Welcome to our Newsletter

Dear Frewen Parents

You will all be aware of the lessons your child studies as part of their timetable, and you probably know their various teachers, from talking to them at parents' consultation meetings, and from the reports you receive each term. But there is another important aspect to the school with which you may not be so aware, and for which, in our last Ofsted inspection, we were judged to be outstanding – and this is SMSC, which stands for **spiritual, moral, social and cultural** development. All schools in England must show how well their pupils develop in SMSC.

Some of this takes place within lessons – you can imagine that subjects like RE and History, in particular, lend themselves to this, but it can, and does, happen in every subject, and in everything we do as a school, as part of the school's ethos. PSHE – personal, social, health and economic education - is a subject which is closely linked to SMSC, and which is designed to give pupils the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain. Some of these themes are reinforced by work with tutors, during tutor time, throughout the week.

Three times a week, on Mondays, Wednesdays and Fridays, students attend assemblies, and at Frewen these alternate between members of the Leadership Team, individual staff, and tutor groups (who often come up with the most unusual and interesting ideas!). To give you some idea of the range of themes, just this term we have had assemblies on famous dyslexics (Ingvar Kamprad, the founder of IKEA), Stephen Hawking, the film industry, African martial arts movies, International Women's Day, Science Week, Holocaust Memorial Day, safe use of Social Media, Banter vs Bullying, Starfish Malawi, Growth Mindset, short-term vs long-term memory – the list could go on and on.

Some parents, and ex-students, have come in and given careers presentations, based on their own experiences, which have gone down very well with students, and we welcome any offers for more of these.

We often tend to focus on academic progress and results, but it could be argued that the SMSC within the school is, in some ways, what holds everything together and makes the school what it is. It certainly helps the students to develop into the citizens of tomorrow, and this is why Ofsted place so much importance on it.

In the last newsletter I wrote about Frewen on Film – the seven videos which were about to be released. One of these is a video version of our prospectus, to inform the world at large about what makes Frewen unique in general; the others were the British Dyslexia Association series of short films about dyslexia strategies, of which five-and-a-half exclusively focus on Frewen.

For technical reasons it took a bit longer to get these onto our website, but they are now available for all to see, and have been very well-received. If you haven't seen them yet, simply go to www.frewencollege.co.uk, and you can't miss them!



Nick Goodman

Principal, Frewen College

PREP NEWS by Sally Welch

Prep School pupils have been working hard on their numeracy this half term, putting their 'using and applying skills' to the test. The practical application of mathematical concepts is often the best way to bring about a true understanding of what they are learning. This week some of our pupils marched down to the car park in order to answer the question, 'What is the most popular colour car for teachers at Frewen?' Clipboards in hands, pupils made a careful tally to show the colour of each car. Back in the classroom they were able to analyse their data and use it to answer the original question. They then used their data to ask a variety of questions which required a range of mathematical skills. Pupils asked each other questions such as which the most popular colour was and how many cars there were altogether in the car park. Just one example of bringing maths to life at Frewen Prep.

Recent changes to government recommendations on careers guidance have suggested that we should start preparing pupils for the world of work from the primary school age. With this in mind we have recently taken the pupils to the Rare Breeds Centre on a school trip. Pupils were asked to investigate different kinds of jobs people were doing. Whether it was working in a cafe, looking after the animals, maintaining farm machinery or taking money in the gift shop, our pupils were able to identify a huge variety of jobs. Pupils also had a special session learning how to look after animals, they enjoyed handling a variety of animals and learning about the special care needed to keep them healthy and happy.

As the weather improves at Frewen Prep, we are looking forward to more of our curriculum being delivered outside in our fabulous grounds. Heading off into the park is always a great way of helping our pupils learn in a really meaningful manner. We are looking forward to our camp in the summer term and thinking of sunny days where we can make full use of the school pool once again. What with the recent snow, it has seemed a very long way off! Roll on summer.



SENIOR SCHOOL NEWS

English by Neil Stanley

Public Speaking

Frewen Students have, for the third year running, achieved fantastic success in the LAMDA Public Speaking exams. All students in Years 7-9, and a small number of older students, took these LAMDA exams.

As with the last two years, every student passed. No students in Years 7-9 were absent on the day. 84% of those achieved a merit or above, and 26% gained the highest distinction grade.

This year's Year 9 students are the first group to complete three years of examinations. It is particularly pleasing to see students who achieved pass grades in previous years, now achieving merit and distinction. This reveals how their confidence is developing.

Once again, these results show that Frewen students are capable of achieving comparable results to students in mainstream independent schools. Well done to all our students on their hard work.



Touch Type Read and Spell

This term saw the launch of the Touch Type Read and Spell initiative.

This is an online program and students have been working through the modules at home and in school.

An initial 20 students have been selected to follow the program, with a view to rolling out the course more widely in future.

In addition to teaching touch typing, the program teaches spelling through 'muscle memory'. It has been proven to improve the reading and spelling of dyslexics, and also enables many users to 'get the words down'.



Science by Scott Wassell

Despite the 'Beast from the East' causing all kinds of havoc, the Science department has continued to ensure that even with the cold, minds were kept warm. The Year 7s have been getting stuck into electrical circuits. This is a perennial favourite no matter what year the student is in. Who can resist the allure of power packs, bulbs, crocodile clips, voltmeters and variable resistors?

The Year 8s meanwhile, have been looking at the reasons why we may, or may not, look like our parents. Luckily, we use the Simpsons as the model rather than have to look through a family photo album!

The Year 11s are very busy finishing off the last of their coursework so they can begin the exciting period that is revision and past papers.

SENIOR SCHOOL NEWS

Arts Faculty by Katie Buckland

We have enjoyed some exciting events this term, including a trip to see "Wicked" in London for all students in Years 7- 9, which was thoroughly enjoyed by all.

Students from Years 10 -13 who are interested in pursuing a career in the Arts industry recently attended the "Arts Cafe", organised by East Sussex County Council, where they were able to find out about and work alongside some local professionals, including artists, film makers, games designers and performers.

In classes across music and drama students have been busy learning their parts for next term's production of "Joseph and his Amazing Technicolour Dreamcoat", which is shaping up to be a fantastic event!



Art by Duncan Sangster

Year 11s are busy working on their exam theme, which this year is 'fragments'. Students have been developing various ideas around this theme, with starting points including split personalities, limestone stacks and distorted reality. Furthermore, students are using a wide range of materials to realise their intentions including styrofoam, clay, corrugated cardboard and powerpoint, proving that in Art we don't just use pencil! Students have until the 11th May to generate their ideas, research artists, experiment with materials then their 2 day exam will begin!

A reminder to Year 11 GCSE Art Parents: there will be two ART GCSE prep/catch-up days on Thursday 5th April and Tuesday 10th April from 10am- 4pm. These days are really useful in terms of using the resources and dedicating a serious amount of time to their exam over the Easter holidays. If students attend both days, that is an extra 12 hours of exam preparation which will greatly improve their chances of achieving a Level 4 and above. (Please note students will need to bring their own lunches as there cannot be any unauthorised visits to the shops in the village during the day.)



SENIOR SCHOOL NEWS

Maths by Graeme Rawlings

MATHS ZONE



Homework Club:

Monday at 4:15pm

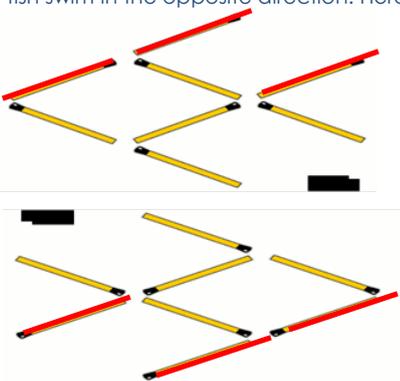
GCSE Maths Club:

Tuesday at 4:15 pm

Wed 4:15pm Y11 only

Answer to Maths Challenge 6: Fish

We challenged you to move three sticks to make the fish swim in the opposite direction. Here's how:



Maths Challenge 7: Flowers

The florist has:

24 white, 42 red and 36 yellow roses.

What is the greatest number of bunches she can make, if she uses all the flowers and all the bunches are identical?

Her Maths changed our future!



One of NASA's "human computers", who helped plan the mission that saw an American astronaut orbit the Earth for the first time, has just officially opened a new research centre named in her honour.

The key contribution of **Katherine Johnson**, 99, and other African-American women to the US space programme was told in the film 'Hidden Figures', which gave overdue recognition to their brilliant work.

The maths involved in the mission was highly complex, and the computers of the day were prone to technical hiccups.

So as astronaut **John Glenn** was going through the pre-flight checklist – upon which his life depended – he insisted that Ms Johnson double check the calculations on his behalf, because

"If she says they're good, then I'm ready to go."

But, as Ms Johnson was helping the US triumph in the Race for Space, racist laws were still widely enforced. The Civil Rights Act ending segregation did not come into force until 1964.

She also had to overcome the sexist stereotype that women are inferior mathematicians to men.

**EVERYONE USES MATHS,
EVERYONE CAN DO MATHS!**

SENIOR SCHOOL NEWS

Humanities by Hazel Lawrence

In Key Stage Three Humanities we have been exploring two 'big issues'. Year 8 have been exploring the 'Trans-Atlantic Slave Trade' & Year 9 have been studying 'The Holocaust'. We have used a variety of resources to explore these difficult subjects, including video clips, photographs, real life accounts and artefacts.

While both topics are difficult and sometimes distressing to study, both year groups have shown a mature approach to their studies. Students were also in agreement that it is important to study these events so that we can learn from the mistakes of the past.

SCHOOL COUNCIL

By Hazel Lawrence

Many thanks for helping us to raise £118.45 for the Chitwiri food appeal on our recent Non-Uniform Day. Well done! This will help to feed 1,000 people for nearly 3 days.

PTFA

By Melanie Wale



FREWEN COLLEGE PTFA - TOGETHER WE IMPROVE AND GROW

The PTFA have a few wonderful events planned for this year. If you have a few hours to spare and you think you may be able to help in anyway, that would be wonderful. We are also looking for some new Committee Members, so if you are interested in joining the Committee please let me know, email me on: ptfa@frewencollege.co.uk



SIXTH FORM

By Hazel Lawrence

The spring term is always a busy term as we hurtle towards the end of the school year. For many Sixth Form students this also mean rushing towards deadlines for coursework and assignments; and preparation for exams. It is important that students do make sure they are up to date with work and assignments over the Easter break and do use some of this time to revise and prepare for examination and assessments which will soon be upon them after the Easter Break.

Many of our Sixth Form students, and prospective students have recently been attending interviews for their new courses in September. All students did really well in these interviews, many overcoming nerves and anxieties to do this.

A big thanks to the Sixth Form TAs who have supported new and present students through this process.

This term we have introduced a new award in Sixth Form: 'Legend of the Week'. This award is to recognise the achievements and successes; academic and social, of Sixth Form students.

Awards have gone to:

Will R – for improvements in his work ethic.

Lucy C – for good citizenship.

Ben B - for consistently good work, good sportsmanship and generally being an all round 'good guy'

Charlie B – for managing his workloads and keeping on top of assignments this term.

A ' Special' Kit Kat award was also given to Rosie C for 'going above and beyond' in helping out.

Well done to all students.

CAREERS UPDATE

By Hazel Lawrence

Year 10 & Sixth Form students have been meeting with the 'My Future Starts Here' careers advisers this term, starting to think about their next steps and how they will get there.

Some of our Key Stage Four & Five students recently attended the 'Creative Café' to find out more about careers in the creative industries.

We recently welcomed Stephan Hildige, ex-student, who spoke to students about his Journey from reluctant learner at Frewen to Network Apprentice at Cranbrook School. Stephan's story was inspiring to many of our students as they could identify with him having similar struggles to overcome. Stephan showed them that with perseverance and support they could achieve their dreams.

Upcoming dates:

Year 10 Work Experience Week: Monday 4th – Friday 8th June

Year 11 Work Experience Week: Monday 18th – Friday 22nd June

GAMES AND SPORT

By Jo Hambleton

DofE Bronze Award

Congratulations to Joshua Walker successfully completed his Bronze DofE programme.

Josh has completed the 3 elements of the Bronze Award which are Physical, Skill and Volunteering, along with the 2 expeditions.



Practice Expedition

Well done to Charlotte, Cameron, Trinity, Chelsea, Danny and Scott for completing the practice weekend for Bronze Award on the 10 -11th March. The group successfully navigated to our campsite where we pitched our tents in a rather waterlogged field. A lovely dinner was cooked and the evening spent toasting marshmallows around a fire pit. We awoke to the sound of rain which made packing up a little tricky, but everyone showed true Frewen spirit and soon they were on their way for the return walk. All students took turns map reading and navigating and they made it in good time to school. Well done, a great practice for the assessed weekend in May.

Thank you to the Gap students Max and Joe for helping us throughout the weekend!



Prep PE

At the end of last term some students were able to take part in a personal survival award as part of the swimming lessons they had been taking part in. Well done to Ben for achieving his Preliminary Safety Award. Isaac for achieving his Personal Survival 1 Certificate and Jaimie, Harrison, Ryan, Jacob, Ollie, Luca, for achieving the Personal Survival 2 Award. All those who completed it got a certificate and badge. Well done it was very challenging and you did well.

Brighton and Hove Albion Football Tournament Boy- Y9-11

On Monday 12th March Year 9 and 10 boys took part in the Brighton and Hove Albion Indoor Football. They were faced by a lot of Year 11 footballers but held their own in the games. The boys showed great team work and soon established a good formation. They made it to the quarter finals but were sadly knocked out.

Well done to Scott, Nuri, Archie KB, Archie R, Owen, Ryan, Tommy and Reuben.

BOARDING NEWS

By Sarah Medcraft

The highlight of this half of term was undoubtedly the late winter snow. This resulted in a three day weekend and a lovely snow walk through the grounds was enjoyed by everyone. The planned offsite weekend activities needed to be rethought due to road closures, but there were no complaints when a Sunday afternoon carvery appeared on the menu.

During half term the girls' boarding house underwent the first phase of redecoration and the girls were delighted with their newly painted rooms. This proved to be in good time to welcome our third gap student Zethu Mageza who has joined us from South Africa. Zethu's interest in drama is already being put to good use.

Mid-week activities such as Lasertag and ten-pin bowling have been popular and the proposed trip to Euro Disney with an excursion into Paris during the May bank holiday weekend has caused quite some excitement.

School Calendar – dates for your diary in April and May

Coming Soon...Dates for your Diary	
Easter Holidays	29th March –16th April
Open Morning	Thursday 26th April
Year 7 Camp	Wed 2nd May—Thur 3rd May
Year 7 & 8 Parents evening	Friday 4th May
Year 7 Canterbury Trip (rearranged)	Friday 4th May
Boarders Disneyland Trip—proposed date	Sat 5th & Mon 7th May
Early May Bank Holiday—school closed	Monday 7th May
Year 8 Camp	Wed 9th May—Thur 10th May
Year 8/9 GIRLS only, HPV vaccinations	Friday 11th May
Open Morning	Saturday 12th May
Bronze Duke of Edinburgh Assessed weekend	19th—20th May
Senior concert - Joseph and the Amazing Technicolor Dreamcoat	Friday 15th June

