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## Welcome to our December Newsletter



### Dear Frewen Parents

It's Christmas time again! It only seems a few weeks ago that we were celebrating prize giving in the July sunshine!

This term we were delighted to be named as winners of the Dyslexia-friendly

School category in the Dyslexia Awareness Week competition, organised by the British Dyslexia Association. This was all made possible because

of IT equipment from BT! We have decided to spend this on new tablets for the Prep School, to bring them in line with the Senior School, and some reader pens.

As if that wasn't enough, in October we had the second Ofsted Boarding inspection of 2018. The report has now been published and I can reveal that we are once again officially Good in all areas - no mean feat under the present framework. Congratulations to Mrs Medcraft and the boarding team, and, of course, the boarders, for bringing this about!

While all of this was going on, school continued apace, as usual, and you can read all about this in the following pages.

On behalf of everyone at Frewen, I would like to wish you all a very Merry Christmas and a Happy New Year, and we look forward to seeing the students back at school, well rested and ready for the new term, on Tuesday 8th January.

Best wishes

**Nick Goodman**  
Principal, Frewen College



we were nominated by parents of Frewen students, and I would like to take this opportunity to thank those parents - I know there were several, but not who you all are - for supporting the school in this way. It is a testament to the hard work of the staff, but also to the students, who play such a central role in making the school the unique place it is.

Earlier this term, the Prep School, led by Mrs Welch, had made a video, which they had entered for the BT Techfactor 2018 competition. Their video showed how additional technology could improve

the learning, and change the lives, of Frewen Prep students. Of course, you may have already guessed that we were the outright winners in our category, and had won £5,000 worth



## PREP NEWS by Sally Welch

### Gladiators

This term pupils at the Prep have been learning about gladiators. Year 4 and 5 pupils have created a huge map of Europe and have been tracing the route of the Roman invasion. They have been reading Asterix the Gladiator and re-enacting some different scenes from the story.

### Art

In Art pupils have had the chance to work in clay, creating Roman oil lamps. Year 4 and 5 pupils have been learning about MC Escher and his tessellations. They have used their knowledge to help create some Roman mosaics. Year 6 have been researching how and why people became gladiators and have used their research to create interesting and detailed non-chronological reports. They have learnt all about the different types of gladiator and made a set of Top Trump style cards to play with their friends.



Finally, in Art Year 6 have been busy creating some beautiful Christmas themed mosaics.

### Swimming

Pupils have been having swimming lessons this term at Rye pool. It has been great to see the progress some of our pupils have made with regular swimming lessons.

### North Pole's Got Talent

This time of year is always fun for students and The Prep School Christmas play provided plenty of opportunity for students to show off their special talents. Only the winning reindeers will get to pull Santa's sleigh this Christmas.



## Wear it 'Pink' day

Frewen College students and staff went a fabulous shade of pink to raise money for breast cancer awareness in late October. As you can see, as well as supporting a worthy cause, it was a lot of fun!

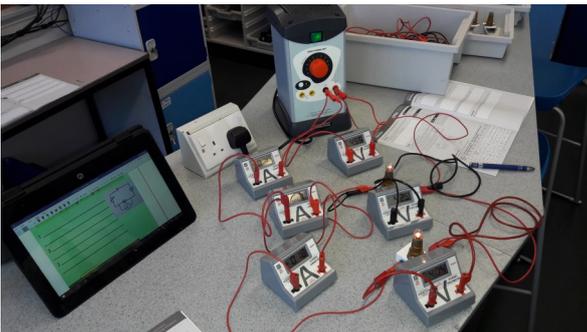


## SENIOR SCHOOL NEWS

### Science by Scott Wassel

Term 2 has seen an important step forward for the Science department. The school has procured new touch screen laptops which the Science department has been trialling in conjunction with Microsoft OneNote. We feel this gives the students independence with how they access and record information in lessons. So far, many of the students have adapted well to this new method and we have been pleased with the results.

Year 10 have been working at a terrific pace, completing several topics this term. We have been recently working on electrical circuits. A topic that involves many opportunities for experimental work and their first real experience with recalling Physics equations. They also produced the most complicated electrical circuit known to man.



The Year 9s have been getting used to the GCSE material, recently looking at the best conditions for the action of the enzyme amylase.

The Year 11s have had several opportunities for Biological work. They first had a heart dissection (though it was more like butchery). They later extracted DNA from green peas.

Mr Goodman may have 2 monitors on his desk, but he is well and truly beaten by Miss Cardinale's multi-tasking abilities!



### English by Neil Stanley

Mars Bar. Kit Kat. Twix. What's your favourite chocolate bar?

Dark. Milk. White. What's your favourite chocolate?

For little Charlie Bucket, there is no contest. It is Wonka's Whipple Scrumptious Fudgemallow Delight.

Why are we talking about chocolate? You know the answer, of course! Mr Stanley's Year 7 class has been studying Roald Dahl's Charlie and the Chocolate Factory.

We have looked at Dahl's magical descriptions of the delicious chocolate. We have recoiled at his grotesque characterisations: Violet Beauregarde; Mike Teevee; Augustus Gloop; and Veruca Salt. We have felt sympathy for poor little Charlie Bucket and his family, who seem to exist on little more than cabbage soup.

Now, having spent so much time thinking about chocolate, talking about chocolate and writing about chocolate, you probably think that we won't want to actually eat any chocolate this Christmas.

Well, you're wrong! Pass the Quality Street!



## SENIOR SCHOOL NEWS

### Arts Faculty, Art by Duncan Sangster

On 20th November, the year 10 Art GCSE classes visited the fantastic Towner Gallery in Eastbourne to see the 'The Everyday and Extraordinary' exhibition, which displays modern and contemporary artworks drawn from the Arts Council Collection.

The show brings together a fusion of materials, processes and innovative ideas, celebrating the physicality of objects in this predominantly digital age. Students were drawn to the vast selection of different artworks, including pieces by Eric Ravilious, Tony Cragg and Patrick Caulfield.

Students also experienced the large scale paintings of Simon Ling, whose work includes paintings of diverse subjects; slowly decaying logs,



boats on a crowded waterway, anonymous segments of urban greenery, studies of a formally ambiguous object, or 'portal', constructed in the artist's studio and paintings of skeletons.

It is expected that students will use their observations and findings from this visit to inform their work in some way - so look out for some exciting and unique outcomes in the new year!

### Arts Faculty, Music by Debbie Chambers

This term the KS3 students have been learning about improvisation, rhythmic cycles and how to create variations on a theme. The Year 10 students have been getting into their BTEC course and exploring different pieces to perform from Bubl  to The Beatles to The Shadows. In Year 11

Myles is keeping the music flag flying creating some amazing composition work on Logic using his ROLI Seaboard.

Ladies Choir is going from strength to strength with new members and regulars keeping the music flowing.

We are now in full preparation for the Christmas Show and Carol Service with music being offered from all years. Y7 are working on a top-secret Christmas number, and various soloists are also busy preparing.

January will see the continuation of Ladies Choir with the addition of Music Club after school on a Monday for all years. There has been some demand for a boys' choir also - so this will start on a lunchtime to be announced.

We are all looking forward to the return of Mr Barnett and in the meantime please contact Ms Chambers if you are interested in learning to play an instrument.



## SENIOR SCHOOL NEWS

### Arts Faculty, Drama by Claire Jackson

We were all treated to a truly entertaining and engaging Christmas Show by our Senior School students from across the key stages, at the end of term.

The theme 'Every Panto There Ever Was,' certainly rang true and the audience witnessed a whirlwind tour of delights from Cinderella, Jack and the Beanstalk, Peter Pan, Snow-White and the Seven Dwarfs to Beauty and the Beast and many others!

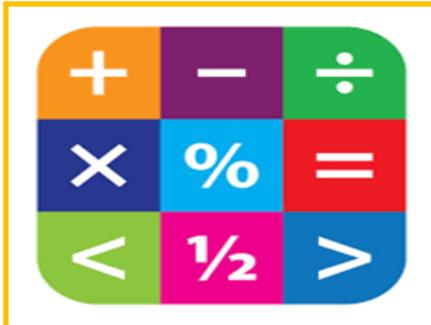
The Students, including the actors and backstage lighting, technical and music students, demonstrated both enthusiasm and great professionalism. Ms Chambers was leading the music team and provided rousing musical accompaniment.



## SENIOR SCHOOL NEWS

Maths by Graeme Rawlings

### MATHS ZONE



#### Homework Club:

Monday to Thursday at 4:15pm

#### GCSE Maths Club:

Thursday at 4:15 pm

#### Maths Help:

Wed. First lunch

## CHRISTMAS by NUMBERS

### FIRSTS

**521** The **first Christmas** celebrated in Britain is thought to have been in York.

**1570** The earliest known reference to a **Christmas tree** is in a German pamphlet.

**1843** The first commercial Christmas **cards** were commissioned by civil servant Sir Henry Cole in London. Featuring a family drinking wine, one sold for £8,469 last year.

**1845-50** The first Christmas **crackers** were made by a London sweet maker called Tom Smith.

**1882** The first **electric tree lights** were invented by Edward Johnson USA

**1938** **Rudolph the red-nosed reindeer** was invented for a US Christmas promotion



### SANTA

There are **13 Santas** in Iceland, each leaving a gift for children. They come down from the mountain one by one, starting on December 12 and have names like Spoon Licker, Door Sniffer and Meat Hook. Santa would have to visit **822 homes** a second to deliver all the world's presents on Christmas Eve, travelling at 650 miles a second.

### MUSIC

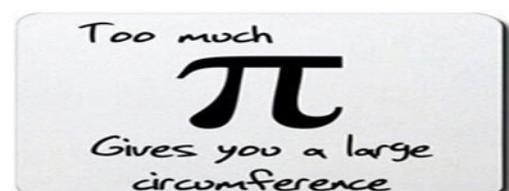
The **bestselling Xmas single** ever is Bing Crosby's **White Christmas**; 50+ million worldwide since 1942. The **best-selling UK festive single** is Band Aid's 1984, **Do They Know It's Christmas?** 3.5million copies! The **Beatles** hold the record for most Xmas number 1 singles, topping the charts in 1963, 65 and 67.

### LARGEST

The largest **Christmas cracker** - 45.72m long and 3.04m in diameter - was pulled in Australia in 1991. The world's **tallest Xmas tree** at 221ft high was erected in a Washington shopping mall in 1950. In 1999, residents of Maine USA built the world's **biggest ever snowman**. He stood at 113ft tall.

### WOW!!!!

In Greece, Italy, Spain and Germany workers get a Christmas bonus of one month's salary by law.



## SENIOR SCHOOL NEWS

### Humanities by Hazel Lawrence

This is always a poignant half term in Humanities with Remembrance Day and this year even more so as we've commemorated 100 years since the end of the First World War.

To commemorate this pupils were involved in making and 'planting' one hundred poppies outside the front of the main house. Then the whole school walked up to the War Memorial in Northiam for a short service and our two minutes silence. Many thanks to Mr Rawlings and Mr Stanley for conducting the service and to Ms Chambers for playing the Last Post.



In the afternoon the Year 10 GCSE History class visited the World War One Exhibition in Northiam where they had the opportunity to hear the stories from the families of those who fought in the war; and to see and handle medals and weapons as well.



## SCHOOL COUNCIL

### by Hazel Lawrence

The School Council have also been busy this term thinking about their school community and the wider community. Their fundraising effort collected: 109KG of food for the Food Bank in Hastings, £232 for Breast Cancer Research .

This term they are raising money for Make a Wish with a Christmas Jumper Day.

The School Council have also been working with Aaron Smith, our Estates Manager, on improving aspects of the school. This term the boys have been pleased with the redecoration of the boys toilets and are looking forward to the development in their changing rooms over the Christmas Break.



This half term has also seen Frewen's first member of the East Sussex Youth Parliament. Congratulation to Bea.

## CAREERS UPDATE

by Hazel Lawrence

The first careers interviews of 2018 / 2019 took place in early November, with some Sixth Form students having the opportunity to discuss next steps into the world of work or university.

There will be further interviews early next term for Year 9, Year 10 and Sixth Form.

### Upcoming events:

22nd January 2019 – Year 10 to attend the 'I Can' careers fair.

## SIXTH FORM

23rd November was our Sixth Form PSHE Day. This gave students an opportunity to step away from academic studies for the day and focus on 'Health & Wellbeing.' Students enjoyed a range of activities including:



Team building

Practicing CPR



Mindfulness & relaxation techniques



Listening to a talk by Cole Larkin from Boobette



Discussion on safer alcohol use

This term has also seen the first round of Sixth Form Careers Interviews as well as students' busy working on assignments and towards mock A Level exams.

Well done and thank you to all the Sixth Form Team for your hard work this term. Have a well-deserved Christmas Break.

## VIP guests visit Frewen

We welcomed some very special guests last week, including Mrs Lushington, wife of the former Head Mr Lushington, for an afternoon tea party in our beautiful drawing room.

Mrs Lushington was accompanied by her assistant Pat Turner, Nicholas Newall who taught at Brickwall House School (Frewen College's previous name) and former pupils of Mr Lushington: Jonathon Simmonds, George Poole and Richard Down.

The visitors were given a tour of the school to see the many changes that have occurred since their occupancy at the school and it was lovely to see the happy memories that the visit evoked.



## Annual Christmas Door Competition



Here's a few of the decorated Christmas doors from our Annual Christmas Doors Competition - this Year's theme was: 'Christmas Around the World.'

## GAMES AND SPORT

By Jo Hambleton

### KS3 Football

Well done to the Y6/7/8 Football team who managed to come 2nd in the Brighton and Hove Albion Football tournament on Monday 15th October. They played excellently and it was a tense final with Bowden House which sadly ended with 1-2 defeat but we came away heads held high!

Well done to Yanni who was awarded the Fair Play award.



### Girls Football

Well done to the Girls Football teams who attended the Brighton and Hove Albion Cup. We had 5 games to play before we successfully reached the semi finals.



With a relatively new team, with each game we

built our confidence and went on to win the final. Everyone showed fantastic team spirit and played really well. A special mention to the Year 11s as this will be their final time attending this tournament and also well done to Tia who received the Fair Play Award.

### Cross Country

7 Students took part in the Secondary School Cross Country event at Battle Abbey School. With 253 runners from 7 schools it was lovely to be able to take some Frewen Students. They did really well to complete the rather muddy course and enjoyed running in the beautiful grounds. Well done all those who took part.



### Gap Students

We say goodbye at Christmas to Max and Joe our gap students who have (alongside working in boarding) helped endlessly in PE this year. They have helped with DofE, camps, sports day, cross country events, football tournaments, extra curricular, Prep PE and every games lesson.

They have built an excellent rapport with students and been an invaluable help.

We wish them well as they return to New Zealand and thank you for all your help.

## GAMES AND SPORT continued...

By Jo Hambleton

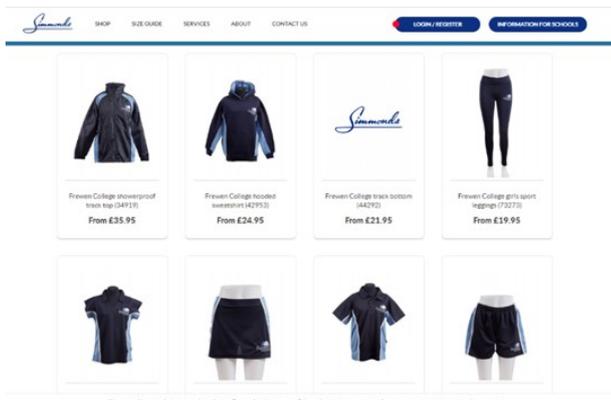
### Outdoor Football

Well done to the KS3 Football Team who took part in the PAN disability Football Tournament hosted at St Leonards Academy on Thursday 8th November. It was the first time we have attended this event and an excellent afternoon of football playing five other schools. Our students played well and worked hard and we came away as the winners!



### New winter PE Kit

I have been working hard to update and improve the current PE kit. I am now pleased to say we have been able to introduce a winter PE kit which



includes hoodie, trackies, leggings and outdoor jacket. You will be able to purchase these via the

Simmonds website. There are also new t-shirts, shorts and skirts available but it is NOT expected that you replace current items.

I have been working closely with students at the School Council and I hope overall it will help improve our student's experience in PE, especially in the more cold and wet weather.

<https://www.simmonds-ltd.com/frewen-college.html>

## BOARDING NEWS

By Sarah Medcraft

This half of term has had a distinctly festive flavour as we have counted down the weeks to Christmas. Christmas trees have been put up and decorated, Christmas dinners and parties enjoyed by all as well as the opportunity for our students to enjoy the annual staff panto offering!

Weekend activities have included pottery painting, Hastings Aquarium, as well as a Christmas pantomime in Maidstone. During our outing to London we enjoyed the festive lights in Covent Garden and a vibrant Christmas market on the Southbank following a fascinating few hours in the Natural History Museum. Eating out is always a treat - from the choice of 106 milkshakes in Hastings or the Pan Asian supper in London, not to mention the seasonal offerings created by the juniors at Bake Club.



For many, the first term of boarding has successfully been completed and they will come back after the

## BOARDING NEWS *continued...*

By Sarah Medcraft

holidays feeling ever more confident. We always enjoy hearing parents' surprise at their child's newfound independence.

Our boarding team work closely together to provide the best possible care for all our students. This term we engaged further support appointing three boarding prefects: Lucy, Charlie H. and Nick who, we are confident, will ably fulfill their new role. However, December also means that it is time to say a sad farewell and heartfelt thank you to our three Gap Assistants who have supported our students during the last year. They have immersed themselves in Frewen life and hope that they will take away as many happy memories as they have created. Best wishes to Joe, Max and Zethu.

So, with school Christmas already done, we wish all of our boarders and their families a happy and joyful actual Christmas together. We look forward to seeing you in January and wish you all a very Happy New Year!



Coming Soon...Dates for your Diary	
Term begins	Tuesday 8th January
Year 11 Mocks	15th January —25th January
Open Morning	Thursday 17th January
Year 10 Careers Fair	Tuesday 22 January
Year 11 & Sixth Form Parents Evening	Friday 25th January
Year 9 Immunisations	Tuesday 29th January
Open Morning	Saturday 2nd February
Year 9 Options Information Evening	Friday 15th February
Half Term	Monday 18th—Friday 22nd February



**HAPPY  
HOLIDAYS!**